

A Review of Vegetable Cardio-Vascular Tonic Drugs as Practised since Ancient time in India

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Due to increasing industrialisation, urbanisation, breaking social and personal norms and overall environmental degradation, the heart diseases are posing greater threat to man today only in this context of recurring threat of heart diseases, the concept of heart, its anatomy and physiology and also pathological conditions as well as the treatment of cardiac ailments are dealt with in detail especially as given in Ayurvedic texts. A list of forty-three herbs is given (herbs which are in use since ancient time) to treat pathological conditions of the heart. So far available chemical constituents

alongwith their threapeutically reputed values of the cardiac ailments are also tabulated.